

### Scale Tempo Tracker

\*\*Use this to track your tempo every day. Write the highest COMFORTABLE tempo you reached each day, with no mistakes. The number you write does NOT always have to be higher than the last. Try different keys every week to keep yourself playing all your scales. Track for a month and look back at your progress!

Week of: \_\_\_/\_\_\_/\_\_\_\_\_ Register Focus (circle all applicable): Low / Med / High

Key →	<b>Key:</b>							Qs, 8ths or 16ths?
	Day 1							
Tempo	Day 2							
	Day 3							
	Day 4							
	Day 5							
	Day 6							
	Day 7							

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